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### [Chakra Healing Meditation with Lotus Mudra - Day 14](#)

Chakra Healing Meditation with Lotus Mudra - Day 14 von BrettLarkinYoga vor 2 Jahren 19 Minuten 9.883 Aufrufe Relax and stabilize your mind with this lotus ,

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Aang Opens His Chakras w/Guru Pathik for Avatar State Control | Avatar von Avatar: The Last Airbender vor 7 Monaten 10 Minuten, 15 Sekunden 759.406 Aufrufe To obtain control over the Avatar State, Aang obtained the help of Guru Pathik to unlock his , chakras , and create a greater flow

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## [Enlightenment \(Documentary\)](#)

Enlightenment (Documentary) von Anthony Chene production vor 2 Jahren 53 Minuten  
2.287.226 Aufrufe A documentary by Anthony Chene : <http://www.anthonychene.com> How can we overcome our fears? How do we reconnect with ...

## [20 min Aura Cleansing: 7 Chakras Healing short meditation music](#)

20 min Aura Cleansing: 7 Chakras Healing



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short meditation music von Nu Meditation Music vor 3 Jahren 21 Minuten 2.829.182 Aufrufe 20 min Aura Cleansing 7 , Chakras Healing , short , meditation , music We're devoted to grow a place where you can return whenever ...

### [Kundalini Immune Booster | Russell Brand](#)

Kundalini Immune Booster | Russell Brand von Russell Brand vor 2 Tagen 15 Minuten 29.396 Aufrufe Kundalini to boost the immune system! Try this 3 minute exercise.

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[528 Hz Heart Chakra Regeneration | Repair \u0026 Heal The Heart Chakra | Open \u0026 Balance ANAHATA Chakra](#)

528 Hz Heart Chakra Regeneration | Repair \u0026 Heal The Heart Chakra | Open \u0026 Balance ANAHATA Chakra von ZenLifeRelax vor 3 Jahren 2 Stunden 1.519.305 Aufrufe Open, Activate \u0026 Heal The Heart , Chakra , also known as Anahata , Chakra ,

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. 528Hz. Activate, open, balance and heal your heart ...

### [ACTIVATE 7 CHAKRAS WITH GUIDED MUDRAS](#)

ACTIVATE 7 CHAKRAS WITH GUIDED MUDRAS von sai sanghamitra vor 3 Jahren 59 Minuten 13.154 Aufrufe Activate your 7 , chakras , with , mudras , as guided in the above video. The seed mantras are chanted equally to keep the balance ...

### [Root Chakra \(Muladhara\) Mudra Variations:](#)

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## [Tutorial | Three Vajras](#)

Root Chakra (Muladhara) Mudra Variations:  
Tutorial | Three Vajras von Three Vajras  
vor 3 Jahren 2 Minuten, 18 Sekunden 34.785  
Aufrufe Muladhara (Root , Chakra , )  
controls healthy function of the Anus, and  
partially of the Urogenital System. Follow  
along this tutorial on ...

[Chakra Activation - Music and Mudra ||  
Tamil](#)

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Chakra Activation - Music and Mudra ||  
Tamil von Vijayan's View vor 1 Jahr 5  
Minuten, 26 Sekunden 34.291 Aufrufe Chakra  
, activation can be done using , mudras  
and , sounds (mantra). The 7 , chakras  
mudra and , sounds are given in detail in  
this ...

[?7 Chakras Mudras and Mantras  
Meditation!??](#)

?7 Chakras Mudras and Mantras  
Meditation!?? von Reiki Master Vee. vor 8

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Monaten 11 Minuten, 12 Sekunden 103  
Aufrufe Running time of video is 11:11!  
This is a quick tutorial guiding you  
through the chant my mother taught me  
#namumyohorengkyo ...

[Complete Description\u0026 Activation of  
Muladhara from Shat Chakra Nirupanam](#)

Complete Description\u0026 Activation of  
Muladhara from Shat Chakra Nirupanam von  
The Sanskrit Channel vor 1 Jahr 18 Minuten  
247.542 Aufrufe Shlokas 4 to 13, of Shat ,

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Chakra , Nirupanam, describe in exquisite detail the physical attributes of Muladhara , Chakra , , the Gods ...

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